

# GURU AMAR DASS PUBLIC SCHOOL

### SUMMER HOLIDAYS HOMEWORK

GRADE - I (2022-23)

- 5 Sharing is caring
- U Use polite words
- M Meditate daily
- M Minimize use of mobile
- E Enjoy your holidays
- R Regular Exercising
- V Value extra-curricular activities
- A Admire good work
- C Clean your hands
- A Always help your parents
- T Take care of health
- I Inspire others
- O Offer help to each other
- N Nurture good values



#### **IMPORTANT INSTRUCTIONS**

- > Take the print out and do the work on of the worksheets
- ➤ Neatness and presentation are common parameters for most of the activities assigned. Please maintain the quality of work done.
- ➤ Holidays' homework will be assessed on certain parameters and marks/grade will be awarded accordingly.
- To score well in your upcoming exams strike a balance between your leisure time and studies.
- Marks of Holidays Homework will be added in your Mid-Term Examination.

### BE A WONDERFUL HUMAN BEING: KEEP IN MIND TO

- > Do the homework independently, only ask for assistance from your parents or guardians
- Remember to have a wide mouth container filled with water outside your house for the birds to get respite from the scorching heat.
- > Pray to almighty daily and thank for the blissful life that you enjoy.
- > Be a helping hand to your parents and learn the skill of shared responsibility.
- > Do the work by following the guidelines given with each work or activity
- > Spend time with your parents and grandparents, their rich experience will help you overcome challenges with ease.

#### **HEALTHY LIFESTYLE BE YOUR PRIORITY**

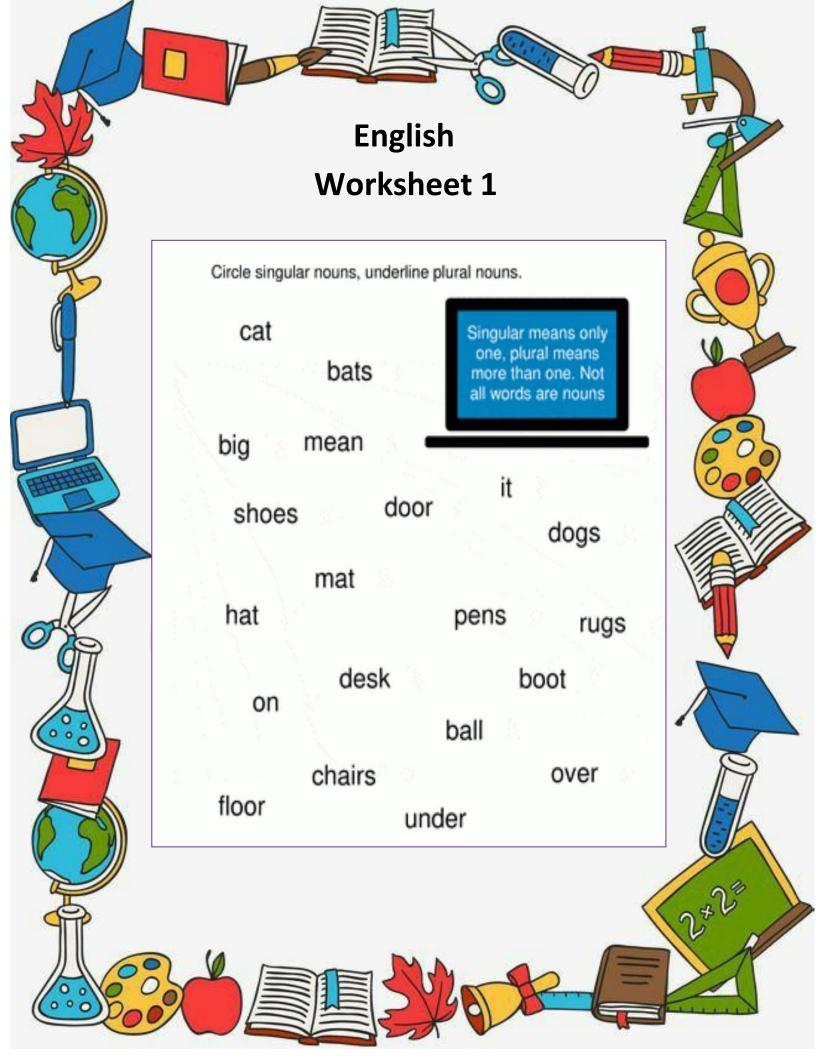
- ➤ Give prime importance to your health. Eat lots of fruits, do exercise and get into yoga
- ➤ Pledge for "Eat Right -Less Sugar, Less Oil and Less Salt"
- ➤ Wash hands frequently, especially before and after meal.
- Avoid sharing of towel, handkerchief, brush with others.
- ➤ Drink plenty of water.

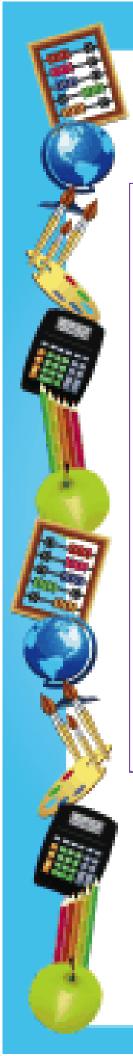
### **REQUEST TO PARENTS**

> Summer vacation time is an opportunity to spend the quality time with your child and make him/her feel special of his unique identity.

### So just spare sometime and do the following:

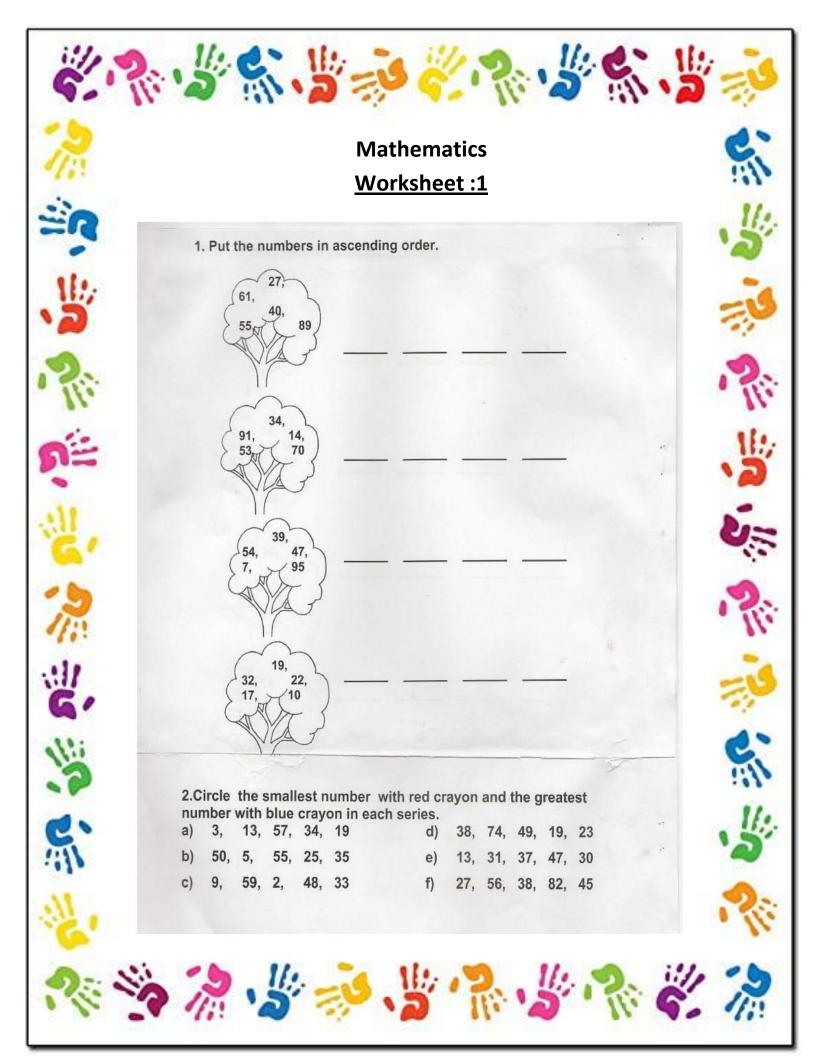
- ➤ Talk about Omni presence of **God** and humility being developed with regular prayers and doing good deeds as to offer best prayer to the God. Take them some religious places.
- Let them feed the poor and share things with needy people with love, let them enjoy the **Art of Giving**.
- > Talk about the importance of parents and elders.

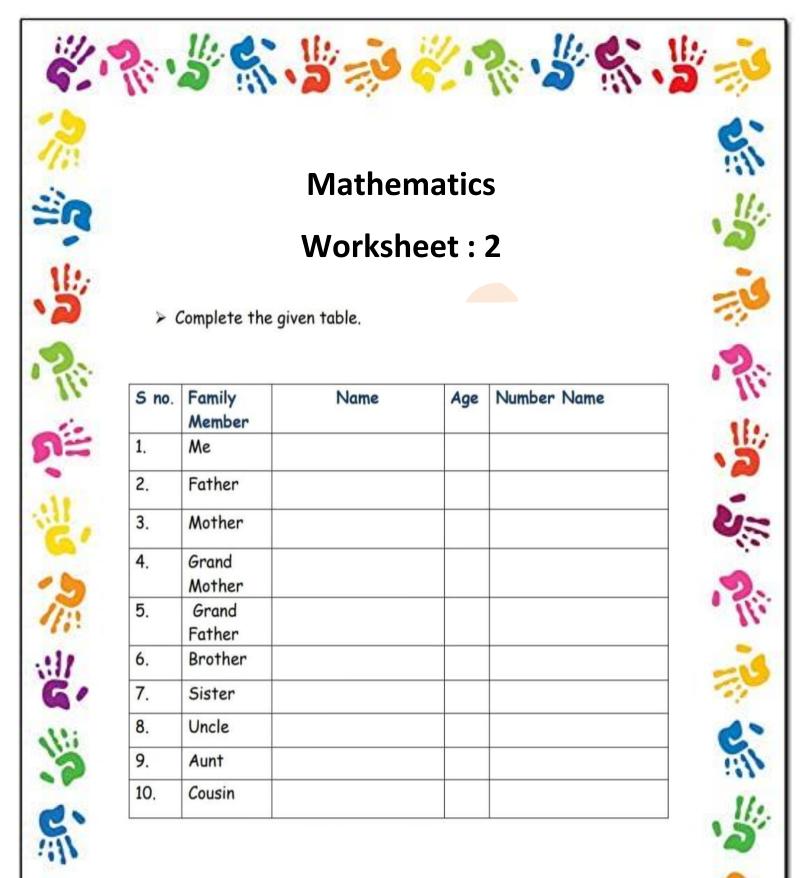




# Write He @ or She @

- 1. \_\_\_\_\_ is my mum.
- 2. \_\_\_\_\_ is my brother.
- 3. \_\_\_\_\_ is my grandad.
- 4. \_\_\_\_\_ is my sister.
- 5. \_\_\_\_\_ is my granny.
- 6. \_\_\_\_\_\_ is my dad.

















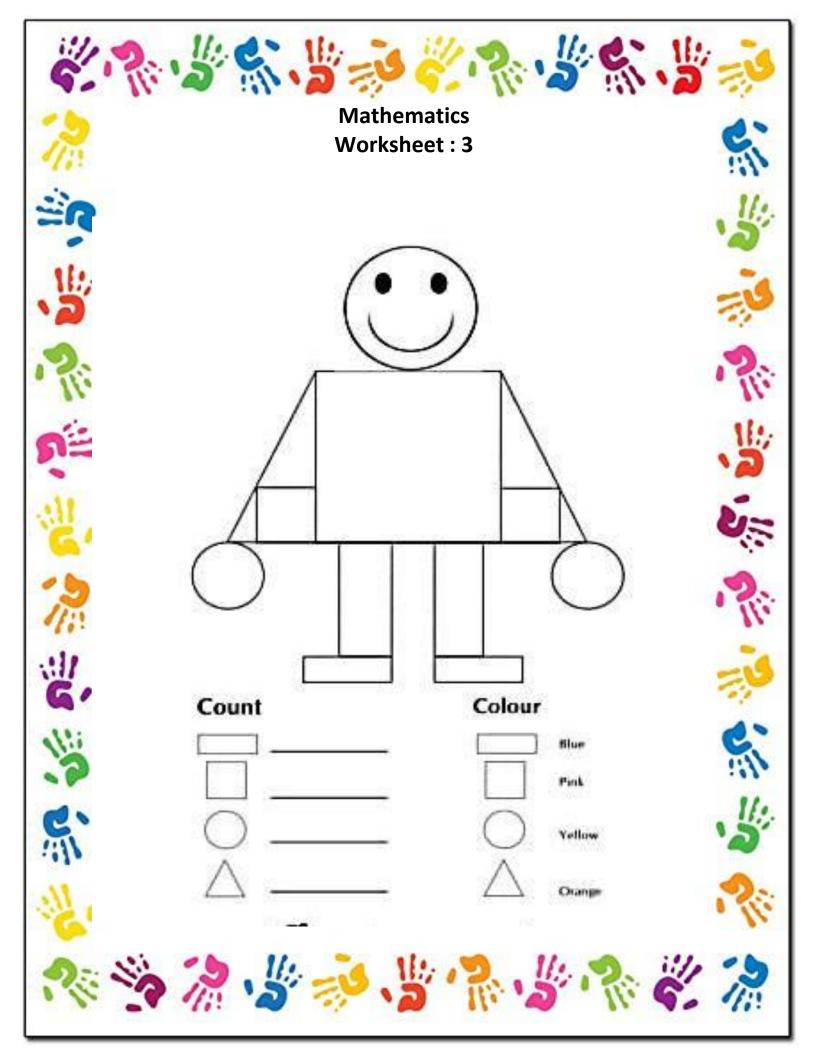














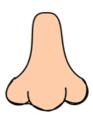


# Sense of Organs

Q. Match the following.



Touch



Hear



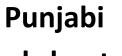
See



Smell



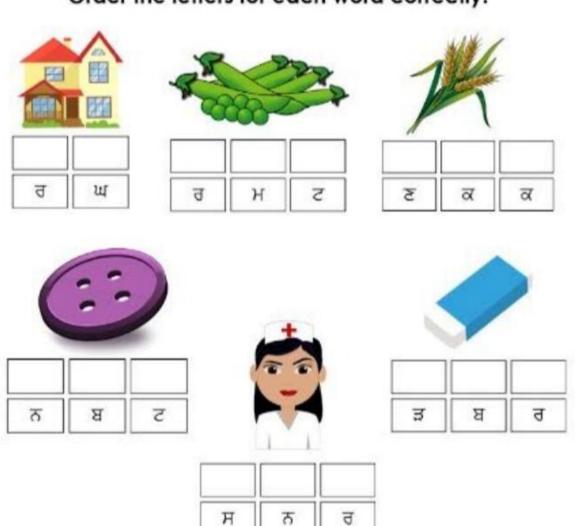
Taste



# ਮੁਕਤਾ ਸ਼ਬਦ

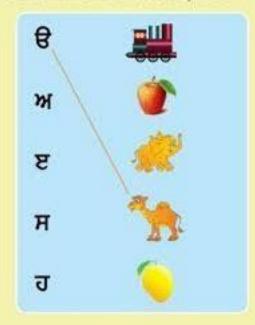
Mukta words

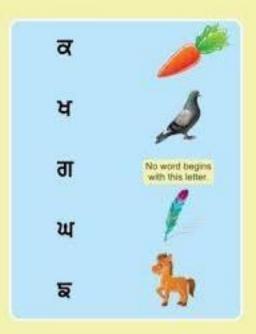
Order the letters for each word correctly.



### Letter Match

Draw a line from the letter to the picture.





### Make a path

The Khargosh is hungry. Help him get to the gaajjar. Use path ♥ to ₩.















